



# PRAYER ASSIST

## LEADERS WHO DEVELOP PRAYING DISCIPLES

WORKBOOK

*Producing More Prayer-Energized Disciples and Ministries*

- ⇒ **Our Culture Desperately Needs Godly Men.**
- ⇒ **Within Men is the DNA of Revolutionary Impact.**
- ⇒ **Training Men to Pray is a Strategic Kingdom Priority.**

# SESSION OVERVIEW

## PART 1:

Why Train Men to Lead Prayer Groups?  
Opportunities and Obstacles

## PART 2:

Creating a Praying Culture, Learning from  
the Prayer Life of the Apostle Paul

## PART 3:

Calling Men to be Praying Leaders –  
Insights from the US Marines

## PART 4:

Options for Men's Prayer Groups

## PART 5:

Ministry Prayer Strategy and  
Scripture-Based Prayers

# PART 1: WHY TRAIN MEN TO LEAD PRAYER GROUPS?

Within men is the DNA of revolutionary impact. Training men to pray is a strategic kingdom priority.

How can we increase the impact of men in church and community!

Call them to \_\_\_\_\_ and \_\_\_\_\_ activity!

*"The **heartfelt** and **persistent prayer** of a **righteous man** (believer) can **accomplish much** [when put into action and made effective by God—it is **dynamic** and can have **tremendous power**]." JAMES 5:16b AMP*

*"He spoke a parable to them, that **men always ought to pray and not lose heart.**" LUKE 18:1 NKJV*

## PRAYER ACTIVITY

Pray this prayer for a fellow brother. Put his name in the blank below

\_\_\_\_\_ Always pray and don't lose heart

\_\_\_\_\_ Never give up

## PRAYER IS...

*"Enjoying our love relationship with Father, Son, and Holy Spirit." AL VANDERGRIEND*

*"Prayer is dialog and relationship with God with the power to change one heart and entire nation." NATIONAL DAY OF PRAYER*

*"Prayer is as natural an expression of faith as breathing is of life." JONATHAN EDWARDS*

**Training men as praying disciples. Where does it happen?**

Church

Small groups

Family

God's Invitation to Life-Long \_\_\_\_\_ With Him.

God desires \_\_\_\_\_, \_\_\_\_\_ fellowship with His people.

*"As many as **received Him**, to them He gave the right to **become children of God**, to **those who believe in His name: who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.**" JOHN 1:12-13 NKJV*

*"Listen! I stand at the door and knock. **If anyone hears My voice and opens the door**, I will come in to him and **have dinner with him, and he with Me.**" REVELATION 3:20 HCSB*

What promises from God are most meaningful to you from these verses?



## Return to the Garden: God Questions His people

*“And they **heard the sound of the LORD God walking** in the garden in the cool of the day, and **Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.**” GENESIS 3:8 NKJV*

What Keeps Us from the \_\_\_\_\_ of God?

\_\_\_\_\_ Awareness: Where are you? (v. 9) \_\_\_\_\_

\_\_\_\_\_ Formation: Who told you that you were naked?

My \_\_\_\_\_: Have you eaten from tree I commanded you not to eat? (v. 11) \_\_\_\_\_

My \_\_\_\_\_: What have you done? v. 13 \_\_\_\_\_

### Obstacles to Prayer

⇒ **Independence:** Living life on our own, apart from God

⇒ **Fear:** Flight, fear, terror

⇒ **Guilt:** Held in, bound by, liable to a charge or action

⇒ **Shame:** To dishonor, disgrace

**Shame:** *“intensely painful feeling or experience. **Believing we are flawed and unworthy of love and belonging.**” Brene Brown*

\_\_\_\_\_ **Views Of Prayer:** *In order for God to hear and answer my prayers, I must:*

⇒ \_\_\_\_\_ **“Right”:** *Use the Right words, posture, mindset, etc.*

⇒ \_\_\_\_\_ **“Right”:** *Have right church position, training, status or level of spirituality, etc.*

Which obstacles hold us back? \_\_\_\_\_

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***“People who do not pray will always be disoriented to the activity of God”*** PASTOR MEL BLACKABY

# PART 2: CREATING A CULTURE OF PRAYER IN OUR CHURCHES AND MINISTRIES

## LEADERSHIP:

*"Whenever God calls His people to Himself, He uses His leaders."* HENRY BLACKABY

Leaders who pray demonstrate their dependence on God.

## Challenges With Creating a Culture of Prayer

- \_\_\_\_\_ is our declaration of independence FROM God. - Pastor Daniel Henderson
- If we don't have Biblical prayer in our ministries, that is a \_\_\_\_\_ issue.

God **calls leaders** to \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ people in prayer. To **activate and deploy** praying disciples, we must **provide** \_\_\_\_\_ for God's people to pray **where we want to see God work**.

## Being a Praying Leader: Prayer Life of Apostle Paul

### 1 Paul \_\_\_\_\_: Paul Prayed for Spiritual \_\_\_\_\_ and \_\_\_\_\_ of Churches

- **Colossians 1:9-14:** We pray that you may be filled with... **Knowledge of His will, walk worthy** of the Lord to please {Him}, **bear fruit, increase in knowledge of God**, be **strengthened with all power according to His might**.
- **Ephesians 1:15-23:** Give thanks for you and mention you in prayer for... **A spirit of wisdom and of revelation in the knowledge of Him, eyes of heart enlightened, know hope of His calling, riches of glory of His inheritance, greatness of His power toward us.**

### 2 Paul \_\_\_\_\_ For Prayer: Paul's Prayers for Partnership, Protection, and Spiritual Potency

- **Romans 15:30-33:** **Strive together with me in your prayers...** that I may be **delivered from those who are disobedient ... that my service is acceptable**, that I may **come to you in joy**.
- **Ephesians 6:18-20:** {Pray} **that utterance may be given to me ... to make known with boldness the mystery of the gospel...** that I may **speak boldly, as I ought to speak**.

## SUMMARY:

- ✓ Paul prayed for **spiritual growth and maturity for God's people**.
- ✓ Paul asked for prayer for himself for **partnership, protection, spiritual potency and for the effectiveness of his ministry**.



# PART 3: CALLING MEN TO BE PRAYING LEADERS - GOD CALLS LEADERS FIRST

## Critical Considerations for Leaders Who Develop Praying Disciples

- 1 A praying ministry requires \_\_\_\_\_ . \_\_\_\_\_ have the greatest ability to affect the praying culture of the ministry. Lead others to pray by praying with them.
- 2 "The prayer level of the church or ministry never grows \_\_\_\_\_ the personal \_\_\_\_\_ and \_\_\_\_\_ of its senior leaders."  
- Pastor Daniel Henderson

## Is God Calling You to be a Leader of Men?

⇒ Have you been \_\_\_\_\_ in prayer? What did you learn? \_\_\_\_\_

\_\_\_\_\_

⇒ Could you disciple men to become men of prayer? \_\_\_\_\_

⇒ Do you need to be disciplined to be a praying man? What do you need to learn to lead men in prayer? \_\_\_\_\_

\_\_\_\_\_

## We Must Engage the "Warrior Spirit" in Men

*"Warrior Spirit: The passionate desire and determination in the heart of a man to prepare and perfect himself for the stance against evil in the service of others."*<sup>1</sup>

## Create a Male Context - An Environment Where Men Thrive<sup>2</sup>

⇒ Men follow \_\_\_\_\_ .

⇒ Men need \_\_\_\_\_ leadership.

⇒ Men need \_\_\_\_\_ and \_\_\_\_\_ .

⇒ Men want to be led to \_\_\_\_\_ .

⇒ Men will lead when they feel \_\_\_\_\_ and \_\_\_\_\_ .

⇒ Men respond positively to being \_\_\_\_\_ in prayer.

<sup>1</sup> Born to Be A Warrior, Commander John R. "Barney" Barnes.

<sup>2</sup> From Why Men Hate Going to Church, D. Murrow, 2005, pp. 156-160

## Marine Corps Organizational Structure<sup>3</sup>

**The Marine Corps organizational structure gives insight into how Men's Ministry structure and function could be more effective.** Men cover, support and protect each other with accountability.

**Squad: 3 fire teams = 12 men** (Lead: Sergeant)

**Fire Team: 4 men = 3 marines and their leader.** (Lead: Corporal)

**Buddy Team: 2 Men work together, cover each other and are mutually accountable to be outstanding soldiers.**

- A Marine is **never left to fight alone.**
- A Marine is **always in close relationship with three other marines one of whom is their leader.**
- The corporal [leader] is in a **mentoring relationship with his three-man fire team.**
- The three corporals in fire teams are in a **mentoring relationship with the sergeant leading the 12-man rifle squad.**
- Each fire team of four marines is in **close relationship with the eight marines** in the two other fire teams and they all have the same leader, the sergeant.
- Each person **knows** and is **accountable** for their role.
- Each man **knows the roles of others. Each man is training a person to take over his role.**
- Each group  **fights as a team, communicates, serves, and protects each other.**
- All are **trained in first aid and carry needed equipment for each mission.**
- This structure **brings together young and old, senior and junior into a relationship-based unit with shared values and common goals.**

<sup>3</sup>Developed by: Commander John R. "Barney" Barnes, Warrior Spirit Ministries.

## Christian Parallels

In the Bible, God operates in principles of 3's, 4's, and 12's. Father, Son, and Holy Spirit could be considered 3 "waves" of God's activity. 4's: Jesus, Peter, James, and John. 12's: Disciples.

- No **Christian man serving Jesus** \_\_\_\_\_, **no leader serving** \_\_\_\_\_.
- Every **Christian man in a** \_\_\_\_\_ **relationship with a leader.**
- Every leader in a \_\_\_\_\_ **relationship with men.**
- **Know each other's roles, care about, serve, pray for and protect each other and their families.**
- Each man is \_\_\_\_\_ **a man to take over his role as a backup.**
- Pastors / Men's Ministry Leaders are in \_\_\_\_\_ **relationships with men's prayer leaders.**
- **Each leader leads his group, informs men of their role and informs men on how to participate effectively.** The leader develops, models, and implements prayer training and activities.
- The leader considers the \_\_\_\_\_ **of each man.**
- The Leader and his men have \_\_\_\_\_ **and common goals of supporting each member and preparing them to lead their own group.**





# PART 4: OPTIONS FOR MEN'S PRAYER GROUPS - \_\_\_\_\_ IS NEEDED AT \_\_\_\_\_ LEVEL

**Goal:** Pray for, care, serve and protect each other and our families.



**PRAYER BUDDY TEAM:**  
2 MEN

Pray for and serve each other. Each man is accountable to be an outstanding man of prayer.



**PRAYER FIRE TEAM:**  
4 MEN = A Prayer Fire Team leader and 3 members

Leader leads group to pray, care, serve and protect each other and their families. Leader prepares men to lead their own group.

## Options for What to Do in Your Prayer Group

### A. Learn Prayer \_\_\_\_\_ and \_\_\_\_\_ of Prayer

#### 1 Prayer \_\_\_\_\_ (From Prayer-Saturated Kids, p. 96-107)

- Emphasize prayer is a relationship with God.
- Teach \_\_\_\_\_ to pray God's Word.
- Train their ears to hear God's voice.
- Teach \_\_\_\_\_ to handle disappointment in prayer.
- Teach \_\_\_\_\_ God's attributes.
- Share that God responds to simple faith.
- Help \_\_\_\_\_ to receive and give the prayer of salvation.

#### 2 \_\_\_\_\_ of Prayer

- ⇒ \_\_\_\_\_: Praise for who God is and what He does.
- ⇒ \_\_\_\_\_: Petitions based on deep sense of spiritual need, Specific needs directed toward God.
- ⇒ \_\_\_\_\_: to change your mind for the better.
- ⇒ \_\_\_\_\_: Praying according to God's will. Prayers that "hit the mark" with God.
- ⇒ \_\_\_\_\_: Praying with a thankful heart.
- ⇒ \_\_\_\_\_: To agree with God.

**B. \_\_\_\_\_ of Men.** Train men to pray for each other based on their role: Pastor, Elder, Deacon, Ministry Leader, Missionary, Church Planter, Business Leader; Employee, Father, Brother, Mentor, Mentee, Ministry Member, Intercessor, Child, Individual Disciple.

**1 Pray for spiritual and personal growth, maturity and effectiveness in roles, work and ministry.** Pray for **family and relationships** (marriage, family, children, friends, etc.). Pray for **work and ministry**. Become **Prayer Partners for a Pastor, Ministry Leader or Ministry**. Pray for **business and community leaders**.



2 \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ **Prayer Fundamentals:**

- **Biblical Prayer:** Experiencing the power and confidence of Scripture centered prayer.
- **Personal Prayer:** Enjoying Life-Long Intimacy with God Through Prayer.
- **Intercessory Prayer:** Engaging in God-focused, Scripture-centered, promise-driven prayer.
- **Praying Your Prayer Share:** Engaging every church member in the privilege and passion of prayer.
- **Ministering to Others Through Prayer:** Learning to pray effectively for others.

3 **Praying Your Prayer \_\_\_\_\_:**  
 Engaging every church member in the privilege and passion of prayer in 7 areas: **Self, Family, Church Family, Pastor, Ministries, Community,** and **World**

4 **Teach, Model, and Apply 4-Quadrant Prayer**

- **Personal \_\_\_\_\_:**  
 Seeking and knowing God personally.
- **Personal \_\_\_\_\_:**  
 Seeking God's will for me, interceding for others.
- **Ministry \_\_\_\_\_:**  
 Seeking God's best for others by praying for and with them.
- **Corporate \_\_\_\_\_:**  
 Seeking God's will for us as a congregation or ministry.

5 \_\_\_\_\_ **Men in Prayer:**

• \_\_\_\_\_ men to: Pray for **family members, for each other, during services, for church and community leaders** and for the **ministry, for missions and missionaries, in and for the community - in the places where we want to see God work**

• **Make \_\_\_\_\_ prayer a priority-1 Tim 2:1**

- Widen our view of how and where we want to see God work.
- Give men a **good \_\_\_\_\_** to pray for.
- **Something to \_\_\_\_\_**, to be overcome.
- Invite **them to the areas \_\_\_\_\_** you want to see **God work** and see the impact of their prayers.

• **Men are \_\_\_\_\_ and want to \_\_\_\_\_ territory.**

- Use \_\_\_\_\_ to pray for church campus, ministries, community and business.
- Pray for \_\_\_\_\_ in person, by phone, e-mail, or social media.



Motivated by God's Love and Love for Others



## PART 5: MINISTRY PRAYER STRATEGY

To implement a Ministry Prayer Strategy, there must be prayer training at every level.

- **Leaders Lead the Prayer Strategy.**
  - Every Leader a Praying Leader and Every Leader a Prayer Advocate.<sup>1</sup>
- **Pastors Model and Lead Their Churches to be Houses of Prayer.**
  - Every Pastor a Praying Pastor and Every Church a House of Prayer.
- **Train Men to Pray.**
  - Every Man a Praying Man. Pastors and Men's Leaders train men to pray.
- **Train Church Members to Pray**
  - Every Member a Praying Member. Pastors and Leaders train members to pray.

**Potential Prayer Topics:** Every Man a Praying Man, Every Mom a Praying Mom, Every Child a Praying Child, etc.

### Prayer Advocate<sup>1</sup>

A **Prayer Advocate** is a **catalyst for prayer** wherever they go. We invite every pastor, missionary, faith-based ministry leader, and parent to strive to be a "Prayer Advocate."

- **Practices Prayer:** A "Prayer Advocate" must pray himself. The practice of prayer cannot be completely delegated to another leader or prayer team.
- **Preaches, Teaches, and Disciples in Prayer:** A "Prayer Advocate" leads by providing a Biblical foundation for prayer for those he leads.
- **Promotes Prayer:** A "Prayer Advocate" casts vision for having a prayer-saturated ministry.
- **Participates in Prayer:** The Prayer Advocate's team experiences the Prayer Advocate by praying with him.
- **Provides Places of Prayer:** "Prayer Advocates" provide places and opportunities for people to pray. "Prayer Advocates" invite people to take prayer to places where people are. A Prayer Advocate trains for and encourages Spirit-led, Scripture-fed prayer for every person and in every gathering, class and committee. Prayer Advocates provide many opportunities and places for people to pray.
- **Produces Prayer Lists Focused on Kingdom Impact:** "Prayer Advocates" include prayer requests that would make a difference to the ministry if God were to answer.

<sup>1</sup> Pastor Phil Miglioratti, National Pastors Prayer Network, Pray.Network.

## PART 6: CONCLUSION:

*"The Church is looking for better methods; God is looking for better men. The Holy [Spirit] does not flow through methods, but through men. He does not come on machinery, but on men. He does not anoint plans, but men, men of prayer."*

-EM BOUNDS

How is God encouraging you to **grow as a "Prayer Advocate"**?

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**Is God Calling You to be a Leader of Men? If so, will you say "YES" to Him?**

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**Do you need to be discipled** to lead men in prayer? What do you want to learn to make you an effective leader of men?

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Within Men is the DNA of Revolutionary Impact.  
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Disciples and Ministries*

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